



THE SENIORS PROMISE

A condensed version for our Elders

Our seniors built Tobago. This plan ensures Tobago now builds for you; your comfort, your safety, your independence, your dignity.

Age With Dignity: Support For Health, Home & Daily Living

Home-Care Support You Can Depend On

- Expansion of the Home-Care Program so more seniors get help with:
- Meals
- Cleaning
- Bathing
- Medication support
- Daily check-ins
- Priority for seniors living alone or managing health challenges.

Safe & Comfortable Homes

- Senior Home Upgrades of up to \$100,000 for:
- Ramps
- Handrails
- Bathroom upgrades
- Minor repairs
- Safety improvements

Better Primary Healthcare

- Faster clinic appointments.
- Full upgrade of health centers.
- Island-wide telemedicine for remote checkups.

- Chronic illness support for diabetes, hypertension, arthritis, heart health.

Mobility, Access & Transportation Made Easy

Senior Transportation Service

- A new, reliable, island-wide service providing safe transportation for:
- Medical appointments
- Grocery shopping
- Community events
- Church
- Social programs

Community Mobility Teams

- Dedicated staff to assist seniors with errands, pharmacy pickups, and wellness checks.

Reducing Stress, Improving Life

Faster & Fairer Social Support

- Faster processing of grants for seniors.
- Simplified forms and dedicated senior service officers.
- Guaranteed emergency support within 7 days.



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Energy & Utilities Relief

- Reduced bills as THA transitions buildings to solar and expands solar-ready home incentives.

Community, Connection & Active Aging

Seniors Day Centers. Four major centers offering:

- Games
- Arts and culture classes
- Fitness
- Therapy and counseling
- Social activities
- Small excursions
- Meals
- Technology lessons

Village Activity Programs

- Community centers open daily for seniors' programs.
- Music, gardening, craft, storytelling, choir, dance fitness.
- Partnerships with churches and NGOs to run consistent activities.

Intergenerational Programs

- Schools and youth groups paired with seniors for mentorship, reading circles and heritage preservation.

Safety, Security & Peace Of Mind

Senior Safety Watch

Community Guardians assigned to check on and support at-risk seniors.

Safer Communities

Street lighting upgrades.

Community patrols.

Beautification projects that create safer, cleaner village environments.

Housing Options For Seniors Who Need Extra Support

Independent Senior Living Units

Affordable, secure, ground-level units close to transportation, clinics and community centers.

Assisted Living Home

A new THA-supported home for seniors needing supervised care; with dignity, professional staff, and modern facilities.

Support For Grandparents & Senior Caregivers

Grandparents Care Grant

Support for seniors caring for grandchildren, including counseling, nutrition support and social support grants for guardianship households.

Caregiver Skills Training

Free training for family members providing at-home senior care.

Honoring Our Seniors: Culture, Memory & Legacy

Tobago Wisdom Archive

Recording stories, recipes, traditions and history from our elders; keeping Tobago's heritage alive.

Priority Access at All THA Services

Fast-track lanes and special senior service desks across key government offices.

This is a Tobago that cares deeply for its elders; a Tobago where no senior is left alone, left behind, or left without support